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| **Breakfast** | |
| **herbivore (special)** | **Impossible taco mix** | |
| **global (special)** | **breakfast potato** |   | onion, salt, pepper |
|  | **veggie scramble** |   | broccoli, mushroom, onion, spinach, tomato |
|  | **scrambled eggs** | |
|  | **bacon** |
|  | **breakfast vegetarian patty** | |
|  | **brown rice** | |
|  | **chickpeas stir fry** |   **Special Instructions:** , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **tofu scramble** |   **Special Instructions:** olive oil, salt, pepper |
|  | **sautéed spinach & marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
|  | **steel cut oat meal** |  | daily made oatmeal served with brown sugar, raisins & butter |
| **sweets (special)** | **croissants** |
| **Lunch** | |
| **Grill (special)** | **blues burger** |  | beef patty , sautéed onion, mushrooms, parsley, blue cheese, chipotle ketchup, Bread Los Angeles |
|  | **substitute lettuce wrap for any burger or sandwich** |
|  | **impossible blues burger** |   | Vegan mozzarella, sauteed mushrooms & onions, chipotle ketchup arugula |
|  | **fries** | |
| **herbivore (special)** | **cauliflower shawarma quinoa bowl** |    | Kenter Canyon Farms |
|  | **roasted cauliflower & chickpeas** |   | salt, pepper, olive oil , paprika, red pepper flakes, salt, turmeric, fresh parsley garnish |
|  | **sautéed kale** | |
|  | **roasted roma tomatoes** |   | olive oil, salt, pepper |
|  | **roasted sweet pepper medley** |   | salt , pepper, olive oil |
|  | **tahini dressing** |   | tahini, salt, garlic powder, |
| **global (special)** | **sesame spicy gochujang bbq chicken** |   **Special Instructions:** soy sauce, ketchup, rice vinegar, sugar, ginger, garlic, gochujang | JF Organic Farms |
|  | **sticky rice** | |
|  | **steamed broccoli** | |
|  | **sesame spicy gochujang bbq fried tofu** | |
|  | **green onion** | |
| **oasis (special)** | **blackened chicken** |  **Special Instructions:** cayenne, brown sugar, salt, pepper, dry mustard, paprika, garlic |
|  | **agave roasted sweet potatoes** |   | agave, oil, salt, pepper |
|  | **charred broccolini** | |
|  | **succotash** |   | corn, onion, pepper, green beans, |
|  | **pork chile verde** | |
|  | **three bean stew** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **Tuscan kale & grilled chicken salad** |  | Tuscan kale & arugula salad mix, grilled chicken, heirloom cherry tomatoes, dried cranberries, garlic, blue cheese , parsley vinaigrette |
|  | **grilled chicken salad with agave lime vinagrette** |    | artisan spring mix, carrot, jicama , heirloom cherry tomato, tortilla strips, agave lime vinaigrette Valdivia Farms |
|  | **santa fe baked tofu salad** |   | romaine lettuce, grilled corn, tomato, vegan cheddar cheese, tortilla strips, ancho chili baked tofu, vegan chipotle ranch |
|  | **achiote shrimp & mandarin salad** |  | romaine & iceberg salad mix, cherry tomatoes, red onion, mandarin orange, roasted bell peppers & chipotle dressing, agave |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
|  | **Cobb salad** |    | romaine lettuce ,watercress, iceberg mix , tomato, blue cheese, tomato, turkey bacon, egg, avocado, grilled chicken, red vine vinaigrette Kenter Canyon Farms |
|  | **Tuscan kale & baked coconut tofu Salad** |   | Tuscan kale & arugula salad mix , baked coconut marinated tofu, heirloom cherry tomatoes, dried cranberries, garlic, candy walnuts , parsley vinaigrette |
|  | **Santa Fe grilled chicken salad** |   | romaine lettuce, cheddar cheese, ancho chili chicken, black beans, tomato, grilled corn chipotle ranch JF Organic Farms |
|  | **achiote tofu & mandarin salad** |  | romaine & iceberg salad mix, cherry tomatoes, red onion, mandarin orange, roasted bell peppers & chipotle dressing |
| **deli (special)** | **deli bar** |  | Bread Los Angeles |
|  | **slice smoked ham** | |
|  | **sliced turkey breast** |
|  | **roasted marinated portobello mushroom** |   **Special Instructions:** mix all ingredients in a bowl and marinate mushrooms for 6 hours roast 350 f for 10 minutes, slice on angle 2 inch by 3.5 | balsamic vinegar, olive oil, salt, pepper, fresh herbs |
|  | **shredded ice berg lettuce** | |
|  | **fresh sliced tomato** | |
|  | **sliced sweet red onion** | |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **pepita pesto** |   | basil, parsley, salt, pepper, lemon juice, canola oil, nutritional yeast, pepita |
|  | **mayonnaise** |  | contains soy bean oil |
|  | **roasted piquillo peppers** | |
|  | **avocado spread** |   | lime juice, salt, pepper, avocado |
| **ovens (special)** | **pepperoni** |
| **Soup (special)** | **chicken noodle** | chicken breast, carrot, celery, onion, garlic, chicken broth, oregano, thyme, noodles |
|  | **lentil soup** |   **Special Instructions:** onion, celery, carrot, garlic, tomato, salt, pepper |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **chocolate Brownie** |
| **Dinner** | |
| **Grill (special)** | **street taco bar** | |
|  | **grilled chicken** | |
|  | **carne asada** | |
|  | **pork carnitas** | |
|  | **corn tortillas** | |
|  | **sour cream** | |
|  | **queso fresco** | |
| **herbivore (special)** | **taco bar sides** | |
|  | **pinto beans** | |
|  | **spanish rice** | |
|  | **salsa** |   | tomato , onion, cilantro, cucumber, salt, pepper, lime juice |
|  | **guacamole** |   | onion, lemon juice, pepper, cilantro |
|  | **impossible taco meat** |  | impossible meat, taco seasoning |
| **global (special)** | **pasta bar** |
|  | **grilled chicken breast** |   | olive oil, salt, pepper, rosemary, thyme |
|  | **steamed broccoli** |
|  | **roasted pepper medley** |   | olive oil, salt, pepper |
|  | **sautéed mushroom & spinach** |   | olive oil, salt, pepper |
|  | **fried tofu** |   | corn starch, salt, pepper |
|  | **marinated tomatoes** |   | olive oil, salt, pepper, garlic, basil |
|  | **parmesan cheese** | |
|  | **dinner rolls** |  | contan egg! |
|  | **Alfredo sauce** |   | heavy cream, basil, salt, pepper, cream cheese, parmesan cheese, garlic |
|  | **marinara sauce** |   | tomato, garlic, onion, celery, carrot, basil, oregano, thyme, chili flakes, |
|  | **dinner rolls** | |
| **oasis (special)** | **chimichurri beef** |    | Kenter Canyon Farms |
|  | **blackened parsley red potatoes** |   | olive oil, salt, pepper, ancho chile |
|  | **roasted parsley carrots** |   | olive oil, salt, pepper |
|  | **allergy free chicken breast** |     | fresh herbs, salt, pepper , grape seed oil Mary's Chicken |
|  | **roasted green beans** |   | olive oil, salt, pepper, garlic |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **Tuscan kale & grilled chicken salad** |  | Tuscan kale & arugula salad mix, grilled chicken, heirloom cherry tomatoes, dried cranberries, garlic, blue cheese , parsley vinaigrette |
|  | **grilled chicken salad with agave lime vinagrette** |    | artisan spring mix, carrot, jicama , heirloom cherry tomato, tortilla strips, agave lime vinaigrette Valdivia Farms |
|  | **santa fe baked tofu salad** |   | romaine lettuce, grilled corn, tomato, vegan cheddar cheese, tortilla strips, ancho chili baked tofu, vegan chipotle ranch |
|  | **achiote shrimp & mandarin salad** |  | romaine & iceberg salad mix, cherry tomatoes, red onion, mandarin orange, roasted bell peppers & chipotle dressing, agave |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
|  | **Cobb salad** |    | romaine lettuce ,watercress, iceberg mix , tomato, blue cheese, tomato, turkey bacon, egg, avocado, grilled chicken, red vine vinaigrette Kenter Canyon Farms |
|  | **Tuscan kale & baked coconut tofu Salad** |   | Tuscan kale & arugula salad mix , baked coconut marinated tofu, heirloom cherry tomatoes, dried cranberries, garlic, candy walnuts , parsley vinaigrette |
|  | **Santa Fe grilled chicken salad** |   | romaine lettuce, cheddar cheese, ancho chili chicken, black beans, tomato, grilled corn chipotle ranch JF Organic Farms |
|  | **achiote tofu & mandarin salad** |  | romaine & iceberg salad mix, cherry tomatoes, red onion, mandarin orange, roasted bell peppers & chipotle dressing |
| **ovens (special)** | **margarita pizza** | |
|  | **roasted veggie pizza with gluten free crust** | |
|  | **fig & prosciutto pizza** |  | proscuitto, fig spread, brie cheese, arugula, balsamic glaze , red onion |
|  | **cheese pizza** | |
| **Soup (special)** | **chicken noodle** | chicken breast, carrot, celery, onion, garlic, chicken broth, oregano, thyme, noodles |
|  | **lentil soup** |   **Special Instructions:** onion, celery, carrot, garlic, tomato, salt, pepper |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **chocolate Brownie** |

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| **Breakfast** | |
| **Grill (special)** | **pancake bar** | |
|  | **mixed berries** | |
|  | **whipped cream** | |
|  | **strawberry topping** | |
| **global (special)** | **scrambled eggs** | |
|  | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
|  | **breakfast potato** | |
|  | **breakfast vegetarian patty** | |
|  | **pork link** | |
|  | **sticky rice** | |
|  | **scrambled tofu** |   **Special Instructions:** scrambled tofu , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **cannellini beans** | |
|  | **turmeric vegetarian bulgur wheat** | |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
|  | **steel cut oat meal** |  | daily made oatmeal served with brown sugar, raisins & butter |
| **Lunch** | |
| **Grill (special)** | **fries** | |
|  | **substitute lettuce wrap for any burger or sandwich** |
|  | **impossible burger** |  | shredded iceberg lettuce, sliced tomatoes, red onions, and yogurt mint dressing on a sesame bun |
|  | **classic smashed burger** |  | shredded iceberg lettuce, tomatoes, onions, cheddar cheese, and american dressing on a sesame bun |
| **herbivore (special)** | **mediterranean power bowl** | |
|  | **saffron couscous** | |
|  | **sautéed lentils & spinach** |   | onion, bell pepper, garlic, parsley, paprika |
|  | **roasted cherry balsamic tomatoes** |   | garlic, balsamic, olive oil |
|  | **roasted butternut squash** |   | olive oil, salt, pepper, paprika |
| **global (special)** | **burrito bar** | |
|  | **spanish rice** |   **Special Instructions:** vegan butter, onion, chayote, carrot |
|  | **black beans** |   **Special Instructions:** onion, salt, pepper |
|  | **carne asada** | |
|  | **adobo baked tofu** |   **Special Instructions:** achiote, orange juice, salt, pepper, agave, canola oil, garlic |
|  | **chicken tinga** | |
|  | **shredded lettuce** | |
|  | **black beans** | |
|  | **pico de Gallo** | |
|  | **queso fresco** | |
|  | **sour cream** | |
|  | **green & red salsa** | |
| **oasis (special)** | **chicken marsala** |   | olive oil, shallot, marsala wine, fresh herbs Kenter Canyon Farms |
|  | **garlic mash potatoes** |   | garlic, salt, pepper, oat milk |
|  | **roasted asparagus** |   | fresh herbs, olive oil, salt, pepper |
|  | **roasted beets** |   | olive oil, salt, pepper, fresh herbs, red wine vinegar, pickled red onion |
|  | **hearty vegetable stew** |   | rainbow char, white beans, onion, garlic, tomato |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **deli (special)** | **deli bar** |  | Bread Los Angeles |
|  | **sliced turkey breast** |
|  | **fresh sliced tomato** | |
|  | **sliced sweet red onion** | |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **pepita pesto** |   | basil, parsley, salt, pepper, lemon juice, canola oil, nutritional yeast, pepita |
|  | **mayonnaise** |  | contains soy bean oil |
|  | **roasted piquillo peppers** | |
|  | **avocado spread** |   | lime juice, salt, pepper, avocado |
|  | **sliced salami** | |
|  | **roasted vegetables** |   | zucchini , yellow squash, red onion, sliced mushrooms, salt, pepper, olive oil |
|  | **organic arugula** |     | JF Organic Farms |
| **Soup (special)** | **chicken tortilla soup** |    **Special Instructions:** onion, celery, carrot, sweet pepper medley, chili powder, garlic, cumin, fried tortilla, chicken broth toppings, cheese, avocado, sour cream  **SIDES:** cilantro | fried tortilla stripps | cheddar cheese |
|  | **vegan tomato bisque** | |
| **sweets (special)** | **Chocolate chip cookies** |
| **Dinner** | |
| **Grill (special)** | **substitute lettuce wrap for any burger or sandwich** |
|  | **impossible burger** |  | shredded iceberg lettuce, sliced tomatoes, red onions, and yogurt mint dressing on a sesame bun |
|  | **classic smashed burger** |  | shredded iceberg lettuce, tomatoes, onions, cheddar cheese, and american dressing on a sesame bun |
|  | **grilled cheese** | |
| **herbivore (special)** | **gyro bar** | |
|  | **pea falafel** | |
|  | **cucumber tomato salad** |   | cucumber , tomato, black olives, parsley, red wine vinegar, salt, pepper, olive oil |
|  | **lettuce iceberg shredded** | |
|  | **roasted pepper hummus** |   | lemon juice, garlic, cumin, salt, pepper, sumac, paprika, olive oil, tahini |
|  | **tzatziki** |   | coconut sour cream ,cucumber, garlic, mint, lemon juice, olive oil, salt, pepper |
| **global (special)** | **beef bulgogi bowl** |  | pear, garlic, ginger, gochujang, onion, sesame seed, soy sauce |
|  | **sticky rice** | |
|  | **vegetable stir fry** |   | bok choy, pepper medley, mushrooms, chili , soy sauce |
|  | **fried tofu bulgogi** | |
|  | **kimchi** | |
|  | **kimchi aioli** |   **Special Instructions:** mayo, kimchi, soy, salt, pepper | contains soy! |
| **oasis (special)** | **brown rice** | |
|  | **balsamic roasted eggplant** |    | olive oil, salt, pepper, parsley, balsamic Kenter Canyon Farms |
|  | **roasted acorn squash** |   | all spice, ginger, cloves, nutmeg, olive oil, salt, pepper, coconut cream sauce |
|  | **roasted brussels sprouts with onion** |   | olive oil, salt, pepper, onion |
|  | **roasted chicken with apricot glaze** |  | carrots, celery, onions, shallots, garlic, olive oil, salt, pepper, white wine, fresh herbs  **SIDE:** contains onions and garlic |
|  | **allergy free pork loin** |   | olive oil, salt, pepper |
|  | **chickpea stew** |   | onion, celery, carrot, tomato , salt, pepper |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **ovens (special)** | **margarita pizza** | |
|  | **carne asada pizza** |  **Special Instructions:** fresh hand tossed dough, house made tomato sauce, pepperoni, mozzarella cheese | tomatillo sauce, mozzarella cheese, onion, cilantro |
|  | **roasted veggie pizza with gluten free crust** | |
|  | **cheese pizza** | |
| **Soup (special)** | **chicken tortilla soup** |    **Special Instructions:** onion, celery, carrot, sweet pepper medley, chili powder, garlic, cumin, fried tortilla, chicken broth toppings, cheese, avocado, sour cream  **SIDES:** cilantro | fried tortilla stripps | cheddar cheese |
|  | **vegan tomato bisque** | |
| **sweets (special)** | **Chocolate chip cookies** |

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| **Breakfast** | |
| **Grill (special)** | **loco moco** |  | rice, beef patty, fried egg, mushroom gravy, green onion |
| **global (special)** | **scrambled tofu** |   **Special Instructions:** scrambled tofu , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **bacon scramble** | |
|  | **scrambled eggs** | |
|  | **breakfast potato** |   **Special Instructions:** potato, olive oil, salt, pepper |
|  | **turkey bacon** |
|  | **breakfast vegetarian patty** | |
|  | **sticky rice** | |
|  | **black beans** | |
|  | **marinated cherry tomatoes & broccoli** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
|  | **steel cut oat meal** |  | daily made oatmeal served with brown sugar, raisins & butter |
| **sweets (special)** | **blueberry pecan muffin** |
| **Lunch** | |
| **Grill (special)** | **substitute lettuce wrap for any burger or sandwich** |
|  | **salmon burger** |   | Tapatio aioli, arugula, red onion, tomato Kenter Canyon Farms |
|  | **fries** | |
|  | **onion rings** | |
|  | **impossible burger** | |
| **herbivore (special)** | **fiesta bowl** | |
|  | **brown rice** | |
|  | **guajillo baked tofu** |   | guajillo chili, onion, garlic, lemon juice, oil, salt, pepper |
|  | **sauteed kale** | |
|  | **roasted corn** |   | olive oil, salt, pepper, paprika, cilantro |
|  | **pico de gallo** |   | tomato, onion, salt, pepper, lime juice, cilantro, serrano chili |
|  | **chipotle aioli** |   | vegan mayo, chipotle pepper |
| **global (special)** | **chicken tikka masala** |  **Special Instructions:** oil, onion dice, garlic, cumin, cinnamon, turmeric, ginger , salt, clove, cayenne, pepper, vegetable broth, chickpeas, dice tomato, cilantro chopped, |
|  | **tofu & paneer tikka masala** |    | onion, garlic, ginger, heavy cream, salt, pepper, cumin, turmeric, tomato, clove |
|  | **basmati rice** |   **Special Instructions:** onion sliced, green peas, basmati rice , cumin seed, cardamom seed, bay leaf, cinnamon stick |
|  | **vegetable korma** |   | cauliflower, green beans, carrot, peas, salt, pepper, garlic, ginger |
|  | **naan bread** | |
| **oasis (special)** | **quinoa pilaf** |   | salt, pepper, butternut, kale, cranberry, parsley, olive oil, |
|  | **winter squash hearty vegetable soup** |   | onion, garlic, tomato, butternut squash, salt, pepper, carrot, |
|  | **cherry heirloom tomatoes** |   | olive oil, pepper, salt, fresh herbs |
|  | **roasted sunburst squash** |   | olive oil, salt , pepper |
|  | **roasted pork loin with cranberry compote** |   | olive oil, salt, pepper, fresh herbs, cranberry |
|  | **allergy free sirloin** |   | olive oil, salt, pepper, fresh herbs rosemary thyme |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **deli (special)** | **deli bar** |  | Bread Los Angeles |
|  | **slice smoked ham** | |
|  | **sliced turkey breast** |
|  | **roasted marinated portobello mushroom** |   **Special Instructions:** mix all ingredients in a bowl and marinate mushrooms for 6 hours roast 350 f for 10 minutes, slice on angle 2 inch by 3.5 | balsamic vinegar, olive oil, salt, pepper, fresh herbs |
|  | **shredded ice berg lettuce** | |
|  | **fresh sliced tomato** | |
|  | **sliced sweet red onion** | |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **pepita pesto** |   | basil, parsley, salt, pepper, lemon juice, canola oil, nutritional yeast, pepita |
|  | **mayonnaise** |  | contains soy bean oil |
|  | **roasted piquillo peppers** | |
|  | **avocado spread** |   | lime juice, salt, pepper, avocado |
| **Soup (special)** | **beef stew** |   | onion, celery, carrot, beef , tomato |
|  | **cream of corn with poblano pepper** |    **Special Instructions:** coconut milk, onion, garlic, poblano pepper, cilantro, corn, nutmeg | Three Sisters Farm |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **blueberry pecan muffin** |
|  | **flourless chocolate cake** | |
| **Dinner** | |
| **Grill (special)** | **substitute lettuce wrap for any burger or sandwich** |
|  | **fries** | |
|  | **onion rings** | |
|  | **impossible burger** | |
|  | **quesadilla bar** |
|  | **cheese quesadilla** | |
|  | **grilled chicken quesadilla** | |
|  | **green & red salsa** | |
| **herbivore (special)** | **asian inspired mandarin tossed salad bar** | |
|  | **iceberg & romaine lettuce mix** |   | iceberg, romaine, red cabbage, watercress |
|  | **toasted almonds** | |
|  | **carrot** | |
|  | **mandarin** | |
|  | **fried wontons** |  | contain egg |
|  | **cucumber** | |
|  | **cherry heirloom tomato** | |
|  | **sesame miso dressing** |  | sesame oil, miso, soy, salt, pepper, sugar, |
|  | **baked tofu** |   | olive oil, salt, pepper |
| **global (special)** | **beef pho** |  | JF Organic Farms |
|  | **side toppings** |  **SIDES:** sliced onion | thai basil | mint | jalapeños |
|  | **sambal chili** | contains shellfish! |
|  | **hoisin sauce** |
|  | **lime** | |
|  | **rice noodle** | |
|  | **vegan pho** |   | vegetarian broth , Mushrooms, tofu, rice noodle |
| **oasis (special)** | **grilled sirloin with salsa verde** |   | parsley, lemon juice, salt, pepper, garlic, caper, olive oil, cornichons |
|  | **allergy free chicken** |  | olive oil, salt, pepper, fresh herbs |
|  | **roasted potatoes** |   | fresh rosemary, thyme, salt, pepper, olive oil, garlic |
|  | **brussels sprouts** |   | grape seed oil, salt, pepper, oregano, red wine vinegar |
|  | **corn** | |
|  | **white bean stew** |   | carrot, celery , onion, garlic, tomato, kale, squash |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **ovens (special)** | **margarita pizza** | |
|  | **roasted veggie pizza with gluten free crust** | |
|  | **bbq chicken pizza** | mozzarella, red onion, bbq pizza, jalapeño, cilantro |
|  | **cheese pizza** | |
| **Soup (special)** | **beef stew** |   | onion, celery, carrot, beef , tomato |
|  | **cream of corn with poblano pepper** |    **Special Instructions:** coconut milk, onion, garlic, poblano pepper, cilantro, corn, nutmeg | Three Sisters Farm |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **flourless chocolate cake** | |

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| **Breakfast** | |
| **global (special)** | **veggie scramble** |   | broccoli, mushroom, onion, spinach, tomato |
|  | **scrambled eggs** | |
|  | **breakfast vegetarian patty** | |
|  | **scrambled tofu** |   **Special Instructions:** scrambled tofu , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **roasted potato O'Brien** |   **Special Instructions:** olive oil, salt, pepper |
|  | **bacon** |
|  | **brown rice** | |
|  | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
|  | **Spinach** |   | peppers, salt , pepper |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
|  | **steel cut oat meal** |  | daily made oatmeal served with brown sugar, raisins & butter |
| **sweets (special)** | **sour cream Coffee cake** |
| **Lunch** | |
| **herbivore (special)** | **buddha bowl** |   | red quinoa |
|  | **roasted mushrooms** | olive oil, salt, pepper, |
|  | **turmeric wheat berry** |  | olive oil, salt, pepper |
|  | **roasted chickpeas** | olive oil, salt, pepper, paprika |
|  | **roasted fennel and steamed spinach** |   | olive oil, salt, pepper |
|  | **balsamic glaze** | |
| **global (special)** | **poke bowl** | |
|  | **ahi tuna** |   | soy sauce, togarashi, sugar |
|  | **edamame** | |
|  | **seaweed salad** | |
|  | **dice cucumber** | |
|  | **mango** | |
|  | **sushi rice** |   | rice vinegar, sugar |
|  | **red onion** | |
| **oasis (special)** | **allergy free chicken** |  | olive oil, salt, pepper |
|  | **pan seared duck breast** |   | salt, pepper, fresh herbs, |
|  | **sweet potato puree** |   | olive oil, salt, pepper, fresh rosemary, garlic |
|  | **kale & butternut squash** |   | olive oil, salt, pepper |
|  | **roasted cauliflower** | |
|  | **quinoa cakes** |   **Special Instructions:** chickpea, quinoa, gluten free flour, cumin, onion, cilantro, |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **deli (special)** | **deli bar** |  | Bread Los Angeles |
|  | **sliced turkey breast** |
|  | **fresh sliced tomato** | |
|  | **sliced sweet red onion** | |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **pepita pesto** |   | basil, parsley, salt, pepper, lemon juice, canola oil, nutritional yeast, pepita |
|  | **mayonnaise** |  | contains soy bean oil |
|  | **roasted piquillo peppers** | |
|  | **avocado spread** |   | lime juice, salt, pepper, avocado |
|  | **sliced salami** | |
|  | **roasted vegetables** |   | zucchini , yellow squash, red onion, sliced mushrooms, salt, pepper, olive oil |
| **Soup (special)** | **seafood gumbo** |  **Special Instructions:** brown roux, celery, onion, mix pepper medley, okra , shrimp, chicken, sausage |
|  | **miso soup** |   **Special Instructions:** white | white miso, seaweed, tofu |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **cinnamon dulce de leche cheerio bars** | |
| **Dinner** | |
| **Grill (special)** | **Mozzarella Sticks and Onion Rings** |
|  | **New York steak** | |
|  | **grilled salmon** | |
|  | **surf & turf sides**  **SIDES:** onion rings | steak fries | mushroom demi |
| **herbivore (special)** | **roasted asparagus** |   | olive oil, salt, pepper |
|  | **button mushrooms** |   | olive oil, salt, pepper, parsley, balsamic vinegar |
|  | **baked potato** |   | olive oil, salt, pepper, garlic |
|  | **sour cream** |  **SIDE:** contains dairy |
|  | **shredded cheddar cheese** |  **SIDE:** contains dairy |
|  | **butter** |  **SIDE:** contains dairy |
|  | **green onions** | |
| **global (special)** | **parmesan cheese** | |
|  | **chicken piccata** |  | lemon caper butter, fresh tomato, capers, parsley, garlic, white wine |
|  | **herb butter lenguine pasta** |  | garlic, rosemary, basil, salt, , butter |
|  | **dinner roll** | |
|  | **broccolini** | |
|  | **cashew sun-dried tomato penne pasta** |   **Special Instructions:** sauce , cashews , sun-dried tomato, garlic, basil, nutritional yeast, salt, pepper | creamy cashew sauce , cherry heirloom tomatoes, kale, parsley, roasted pepper |
| **oasis (special)** | **grilled lemon chicken with mushroom gravy** |    | rosemary, lemon juice, olive oil, salt, pepper, mushroom Kenter Canyon Farms |
|  | **allergy free pork loin** |   | olive oil, salt, pepper, fresh herbs |
|  | **brown rice** | |
|  | **broccoli** | |
|  | **Roasted green beans** | |
|  | **three bean stew** | onion, garlic, tomato, carrot, celery, kidney bean, garbanzo, white bean |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **ovens (special)** | **margarita pizza** | |
|  | **roasted veggie pizza with gluten free crust** | |
|  | **pepperoni pizzaSpecial Instructions:** fresh hand tossed dough, house made tomato sauce, pepperoni, mozzarella cheese |
|  | **cheese pizza** | |
| **Soup (special)** | **seafood gumbo** |  **Special Instructions:** brown roux, celery, onion, mix pepper medley, okra , shrimp, chicken, sausage |
|  | **miso soup** |   **Special Instructions:** white | white miso, seaweed, tofu |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **cinnamon dulce de leche cheerio bars** | |

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| **Breakfast** | |
| **global (special)** | **chorizo egg scramble** | |
|  | **scrambled eggs** | |
|  | **breakfast potato** |   **Special Instructions:** onion, pepper medley, salt, pepper, paprika |
|  | **turkey link sausage** |
|  | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
|  | **breakfast vegetarian patty** | |
|  | **scrambled tofu** |   **Special Instructions:** scrambled tofu , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **jasmine rice** | |
|  | **sauteed green bean** |   | oil, salt, pepper |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
|  | **steel cut oat meal** |  | daily made oatmeal served with brown sugar, raisins & butter |
| **sweets (special)** | **raspberry and almond muffin** |
| **Lunch** | |
| **Grill (special)** | **fries** | |
|  | **baja inspired fish taco bar** |  | fried and pan seared catfish |
|  | **pico de gallo** |   | onion, tomato, cilantro lemon juice |
|  | **red & green salsa** | |
| **herbivore (special)** | **vegan penne pasta & meatballs** |  **SIDE:** sliced focaccia |
|  | **roasted brussels sprouts** |   | olive oil, salt, pepper |
|  | **focaccia bread** |
| **global (special)** | **chicken enchiladas** | |
|  | **spanish rice** | |
|  | **shredded lettuce** | |
|  | **queso fresco** | |
|  | **black beans** | |
|  | **sour cream** | |
|  | **impossible enchiladas** | |
|  | **habanero pickled red onion** |   | red onion, lime juice, salt, pepper, habanero |
| **oasis (special)** | **braised short rib with peppercorn sauce** |    | burgundy wine , onion, salt, pepper, celery, carrot Kenter Canyon Farms |
|  | **brown rice pilaf** |   | salt, pepper, celery, carrot, corn, peas |
|  | **kale, corn, quinoa stuffed portobello mushroom, balsamic glaze** |   | kale, corn, quinoa, balsamic glaze |
|  | **roasted vegetable medley & fingerling potatoes** |   | red onion, carrot, brussels sprouts, garlic, olive oil, salt, pepper |
|  | **roasted pepper & spinach** |   | olive oil, salt , pepper |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **deli (special)** | **deli bar** |  | Bread Los Angeles |
|  | **slice smoked ham** | |
|  | **sliced turkey breast** |
|  | **roasted marinated portobello mushroom** |   **Special Instructions:** mix all ingredients in a bowl and marinate mushrooms for 6 hours roast 350 f for 10 minutes, slice on angle 2 inch by 3.5 | balsamic vinegar, olive oil, salt, pepper, fresh herbs |
|  | **shredded ice berg lettuce** | |
|  | **fresh sliced tomato** | |
|  | **sliced sweet red onion** | |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **pepita pesto** |   | basil, parsley, salt, pepper, lemon juice, canola oil, nutritional yeast, pepita |
|  | **mayonnaise** |  | contains soy bean oil |
|  | **roasted piquillo peppers** | |
|  | **avocado spread** |   | lime juice, salt, pepper, avocado |
| **Soup (special)** | **mexican beef stew** | papa, chayote, carrot, celery, corn, cabbage , beef flat meat, tomato paste, onion, cilantro |
|  | **hearty vegetable & bean stew** |   **Special Instructions:** onion, carrot, c | onion, celery, carrot, potato, cabbage, chayote, kidney beans, corn, cilantro, tomato paste, fresh tomato, oregano, cumin, salt, pepper, bay leaf |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **blondie** | |
| **Dinner** | |
| **Grill (special)** | **wings bar** |  | buffalo sauce , mango habanero  **SIDES:** carrot & celery sticks | ranch | fries |
| **herbivore (special)** | **vegan tempeh stir fry** |  **SIDE:** contains garlic and onions |
|  | **jasmine rice** | |
|  | **Stir fried vegetables** | |
| **global (special)** | **crepe bar** | |
|  | **mixed berries** |   | strawberries, blue berries, raspberries, black berries |
|  | **whipped cream** | |
|  | **condensed milk** |
| **oasis (special)** | **allergy free chicken** |    | olive oil, salt, pepper , fresh herbs Kenter Canyon Farms |
|  | **blackened sirloin steak** | |
|  | **basil infuced quinoa** |   | olive oil , salt, pepper, fresh herbs |
|  | **Roasted carrots** | |
|  | **roasted zucchini squash & yellow squash** | |
|  | **root vegetable & kidney bean stew** |   | rutabaga, carrot, parsnip, kidney beans, tomato, fresh herbs |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **ovens (special)** | **margarita pizza** | |
|  | **roasted veggie pizza with gluten free crust** | |
|  | **pepperoni pizzaSpecial Instructions:** fresh hand tossed dough, house made tomato sauce, pepperoni, Hollandia Dairy mozzarella cheese |
|  | **cheese pizza** | |
| **Soup (special)** | **mexican beef stew** | papa, chayote, carrot, celery, corn, cabbage , beef flat meat, tomato paste, onion, cilantro |
|  | **hearty vegetable & bean stew** |   **Special Instructions:** onion, carrot, c | onion, celery, carrot, potato, cabbage, chayote, kidney beans, corn, cilantro, tomato paste, fresh tomato, oregano, cumin, salt, pepper, bay leaf |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **blondie** | |

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| **Brunch** | |
| **Grill (special)** | **chicken and waffles**  **SIDES:** syrup | butter |
| **herbivore (special)** | **acai bar** |  **SIDES:** mango | pineapple | chia seeds | banana chips | shredded coconut |
| **global (special)** | **chilaquiles with guajillo sauce topped with cheese & cilantro onion** | |
|  | **refried pinto beans** | |
|  | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
|  | **scrambled egg** | |
|  | **breakfast potato** |   **Special Instructions:** onion, pepper medley, salt, pepper, olive oil |
|  | **bacon** |
|  | **breakfast vegetarian patty** | |
|  | **turmeric farro pilaf** |  **Special Instructions:** onion, celery, carrot, olive oil, salt, pepper, spinach | onion, carrot, celery, corm, kale |
|  | **roasted butternut squash** |   **Special Instructions:** olive oil, salt, pepper, basil, garlic, red wine vinegar |
|  | **chickpea stir fry** |   | onion, garlic, pepper medley, cilantro, dice tomato |
|  | **sauteed spinach & roasted fennel** | |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
|  | **green chicken pozole soup** | |
|  | **steel cut oat meal** |  | daily made oatmeal served with brown sugar, raisins & butter |
| **sweets (special)** | **blueberry pecan muffin** |
| **Dinner** | |
| **Grill (special)** | **substitute lettuce wrap for any burger or sandwich** |
|  | **impossible burger** |  | shredded iceberg lettuce, sliced tomatoes, red onions, and yogurt mint dressing on a sesame bun |
|  | **Hamburger** | |
|  | **fries** | |
| **herbivore (special)** | **creamy coconut, potato & lentil curry** |   | onion, garlic, ginger, coconut milk, tomato paste, tomato, |
|  | **basmati rice** | |
|  | **roasted vegetable medley** |   | zucchini , yellow squash, pepper medley, garlic, turmeric, cumin, paprika |
| **global (special)** | **Rosemary & garlic rotisserie chicken** |  **Special Instructions:** sauce=heavy cream, lemon juice, shallot, tarragon, capers, butter rub chicken, salt, pepper, garlic powder, granulated onion , paprika, oregano, sugar |
|  | **macaroni & cheese** |  **Special Instructions:** milk, cheddar, garlic , salt, pepper, cream cheese |
|  | **broccoli** |   **Special Instructions:** sesame oil, soy sauce, sugar, ginger, garlic, samba chili, white pepper |
|  | **quinoa stuffed portobello mushrooms** |   **Special Instructions:** quinoa pilaf, marinated portobello mushrooms olive oil, fresh herbs, balsamic |
| **oasis (special)** | **Chile colorado** |  | beef, tomato, ancho chili, guajillo chili, onion, garlic, cumin, clove, salt, pepper |
|  | **roasted potato** |   | grape seed oil, salt, pepper |
|  | **steamed broccolini** | |
|  | **roasted cauliflower** | grape seed oil, salt, pepper |
|  | **lentil stew** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **Soup (special)** | **green chicken pozole soup** | |
| **sweets (special)** | **Chocolate chip cookies** |

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| **Brunch** | |
| **Grill (special)** | **avocado toast bar** |
|  | **impossible burger** |  | served on a sesame bun |
|  | **onion** |
|  | **arugula** | |
|  | **tomato** | |
|  | **balsamic glaze** | |
|  | **fried egg** | |
|  | **balsamic glaze** | |
| **herbivore (special)** | **chia pudding bar** | |
| **global (special)** | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
|  | **breakfast vegetarian patty** | |
|  | **roasted vegetable & cheese frittata** |   | bell pepper, onion, broccoli, eggplant, tomato, heavy cream, mozzarella cheese |
|  | **scrambled egg** | |
|  | **breakfast potato** |   **Special Instructions:** onion, pepper medley, salt, pepper, olive oil |
|  | **pork patty sausage** |
|  | **sticky rice** | |
|  | **roasted sweet potatoes** |   | olive oil, salt, pepper |
|  | **tofu scramble** |  **Special Instructions:** onion, bell peppers, turmeric, salt, pepper, cilantro |
|  | **sauteed mushrooms with kale** | |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
|  | **margarita pizza** | |
|  | **roasted veggie pizza with gluten free crust** | |
|  | **pepperoni pizzaSpecial Instructions:** fresh hand tossed dough, house made tomato sauce, pepperoni, Hollandia Dairy mozzarella cheese |
|  | **cheese pizza** | |
| **Soup (special)** | **oatmeal** | |
|  | **tomato bisque** |   **Special Instructions:** onion | onion, celery, tomato, carrot, rosemary, nutmeg, salt, pepper, cocomilk |
| **Breakfast** | |
| **sweets (special)** | **croissants** |
| **Dinner** | |
| **Grill (special)** | **substitute lettuce wrap for any burger or sandwich** |
|  | **classic smashed burger** |  | shredded iceberg, tomato, onion cheddar, American dressing sesame bun  **SIDE:** curly fry |
| **herbivore (special)** | **falafel bowl** |
|  | **wheat berry** |  | onion, pepper, salt, sweet roasted pepper |
|  | **cucumber** | |
|  | **olives** | |
|  | **tomato** | |
|  | **arugula & iceberg** |
|  | **green pea falafel** | |
| **global (special)** | **parmesan cheese** | |
|  | **chicken penne ala vodka** |  **Special Instructions:** sun-dried tomato, garlic, rosemary, white wine, caramelized onion, parsley |
|  | **herb roasted broccolini** |   **Special Instructions:** olive oil, salt, pepper |
|  | **baked impossible bolognese with penne pasta** |   **Special Instructions:** vegan cheese, bolognese sauce, gf penne pasta, basil garnish in 200 pan lay out pasta with sauce cover with vegan cheese and bake until cheese melts, add basil garnish |
| **oasis (special)** | **agave balsamic chicken** |  | agave, balsamic, olive oil, salt , pepper |
|  | **quinoa primavera** |   | onion, carrots, celery, peas, carrots |
|  | **roasted brussels sprouts** |   | olive oil, salt, pepper |
|  | **roasted zucchini & yellow squash** | |
|  | **chickpea stew** |   | olive oil, onion, celery, carrot, saffron, garlic, spinach , tomato |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **Soup (special)** | **tomato bisque** |   **Special Instructions:** onion | onion, celery, tomato, carrot, rosemary, nutmeg, salt, pepper, cocomilk |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **chocolate Brownie** |